



Friends of CME Trust

registered charity number: 1104119

www.friendsofcme.org

Giving to the Friends of CME Trust / The Fundamental Needs

The items outlined in this brochure have been selected as the **most urgent short-term needs** that the charity can support. We also hope that they will help you to decide how you want your donation used. If you want to give to the Charity without specifying a purpose, we will be happy to allocate your gift based on the needs at the time.

The list also provides a meaningful way to buy a unique gift for your family and friends at the same time as helping those in serious need in the Democratic Republic of Congo through the work of CME.

The Charity has no operating costs so all of your gift will go to CME.

For details of how you can donate, please see the last page.

£10 for 2 soap making kits

Soap making provides new skills, financial independence and hygiene benefits to the soap maker and their community. However, most lack the initial capital to buy the first materials and tools to make their first soap. £10 will provide **two kits for a family** to help get them started.



Example of soap making process

£20 for a food program at Nyankunde

Malnutrition is a major problem to the children returning to Nyankunde after the war. A food programme is run by nurses and trained community leaders to provide at least one nutritional meal a day for children under the age of five. £20 will help feed **10 children** in the food program for an **entire year**.



Families receive food at Nyankunde

Adopt-a-bed - £30 a month

Each hospital bed costs £1 a day to run. Patients receive no help to pay for their bed and there is no Government support for them or the hospital. £30 a month will provide a free bed in the hospital. The funds received will be used to provide subsidised health care for the most vulnerable patients against the most dangerous diseases.



Patients sharing a bed in Beni

New Hospital in Beni.

At present, CME runs its Beni hospital from three different buildings and pays \$1,000 a month in rent. The buildings are a former warehouse, a school and a private house. None of these are ideal and the money paid in rent would be better used directly for patient care.

By the end of 2009, the charity had provided funds to construct a new operating theatre and intensive care ward in Beni at a cost of £50,000. The photograph to the right shows the two new buildings, almost complete.

With one further ward, CME hopes to move its Beni operations to the new site. The new ward will cost about £25,000.



Existing operating theatre in a house



New operating theatre & intensive care

Sponsor-a-student for £60 a year

CME trains about 100 students to become nurses, laboratory technicians, pharmacists and dentists. In addition, CME now runs university level courses for nearly 300 students. All struggle to pay their fees. The minimum student contribution is £60 a year. By sponsoring a student with £60, a fund will be created to support those students who cannot afford their fees.



Nurses at CME Beni

£13 for 10 HIV / AIDS tests

HIV / AIDS is a massive problem throughout Africa. In DRC, many women and children have been infected during the war as rape was used to deliberately spread HIV / AIDS. Many live with the uncertainty of not knowing if they are infected. Blood transfusions cannot be done unless the blood is tested first due to the risk of passing on the infection. Transfusions are regularly needed by CME patients who have malaria and anemia. £13 will buy 10 testing kits for the CME hospital in Beni.



Testing in a CME laboratory

£5 a year to educate a child in Nyankunde.

About 230 teachers are paid \$15 dollars each a month to run 24 schools in the Nyankunde area. This money supplements the small salary that some of the teachers receive from the government. Nearly 6,000 children are in attendance of which 2,000 are orphans. A £5 donation will provide a child's education for a whole year in Nyankunde.



Children at Nyankunde

If you would like to support, please carefully read the slip below and overleaf, filling in, deleting and ticking where appropriate.

I would like to support the work of Friends of CME Trust by:

1. giving an unrestricted donation of £_____ to be used wherever it is most needed.
2. purchasing ___ soap making kits at £5 each. Total cost £_____
3. helping to feed ___ group (s) of 10 children at Nyankunde costing £20 / year / group. Total cost £_____
4. sponsoring ___ hospital bed (s) at £30 / month for ___ months. Total cost £_____
5. helping to build the hospital at Beni £ _____
6. buying _____ set (s) of 10 HIV testing kits at £13 each. Total cost £_____
7. sponsoring ___ student(s) at the nursing school at £60 / student / year. Total cost £_____
8. educating ___ children in the Nyankunde schools at £5 per student per year.

*I enclose a cheque for £ _____ made payable to 'Friends of CME Trust' or,

*I have made a bank transfer to 'Friends of CME Trust' on this date ____/____/____.

*Delete where not applicable.

Four steps on how to make a donation to Friends of CME Trust

Step 1.

Pay by cheque to 'Friends of CME Trust', or by bank transfer to:

Friends of CME Trust, National Westminster Bank plc, Account No : 34512004, Sort Code : 60-12-45

Step 2.

Can you supplement your gift by Gift Aid? We can recover tax on your gift if you pay UK tax which increases the gift's value by 28%. For example, if you make a gift of £7.80 to us, we can reclaim tax of £2.20 from the Inland Revenue making your gift worth £10. Further, if you are a higher tax rate payer, you can claim back from the Inland Revenue £1.80, so the actual cost to you of the £10 gift is £6.

Step 3.

If you would like your donation to be counted as a gift to a friend or relative, please send us details of that person and we will send you a unique receipt describing how your gift will be used.

Step 4.

Please read the note below and sign the gift aid declaration. Send the reply slip to Chris Almond at 295 Hillgrounds Rd, Kempston, Bedfordshire, MK42 8TH, UK.

NOTE: For us to claim Gift Aid you must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year. (currently 28p for every £1 that you give). You can cancel this declaration at any time by notifying the charity. If in the future your circumstances change and you no longer pay tax that the charity reclaims you can cancel your declaration. If you pay tax at the higher rate, you can claim further tax relief in your self assessment tax return. If you are unsure whether your donations qualify for gift aid tax relief, ask the charity or ask your local tax office for leaflet IR 65.

Please notify the charity if you change your name or address.

GIFT AID DECLARATION - Friends of CME Trust, Charity no: 1104119
Inland Revenue reference: XR79313

Title..... Forename(s).....Surname.....

Address.....

.....Postcode.....

I want the charity to treat as Gift Aid Donations (* delete where not applicable):

*the enclosed donation of £_____

*the donation(s) of £_____ made on/...../.....

*all donations I make from the date of this declaration until I notify you otherwise

*all donations I have made since 6th April 2000, and all donations I make from the date of this declaration until I notify you otherwise

signed.....date...../...../.....